

Sister Patricia M. McCormack, IHM, Ed.D.

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Curriculum Vitae

Our Lady of the Assumption Convent

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OBJECTIVE

To provide *formative support* to parents, teachers, catechists and educational leaders via public speaking at National Conferences, Diocesan Institutes, Regional Assemblies, Schools and Parent Assemblies. Presentation topics focus primarily on parenting education and child development; and secondarily on spiritual leadership and teacher-catechist preparation / formative support / classroom management.

SYNOPSIS

During doctoral studies at the University of San Francisco (1995) and post-doctoral research I questioned to what degree the Catholic School was operating as an agent of formative parenting, that is, helping parents to experience adequacy in their role as primary educators. The results of my work evolved into a fulltime ministry as a formation-education consultant to both parents and teachers. I provide presentations, workshops, retreat days, and in-service days. I write for publication on formation-education topics. Additionally I offer workshops to teachers on being agents of Catholic identity, classroom management and on other teacher formation issues. My presentation style combines theory, practical application, and spirituality. Consistent feedback labels my teaching as inspirational and motivational. Superintendents, principals and teachers suggest that my work would be a positive contribution to programs of Catholic educational leadership and teacher preparation. As the director of the *IHM Office of Formative Support for Parents and Teachers* I offer formative education to teachers throughout the United States during the academic school year. My summers are dedicated to publication writing and adjunct teaching in programs for teachers and administrators in Catholic schools.

EDUCATION

1995 Doctor of Education, Private School Administration - University of San Francisco, San Francisco

1981 Master of Arts, Education K-8 - Rowan College, Glassboro, New Jersey

1971 Bachelor of Arts, Theology/Sociology - Immaculata College, Immaculata, Pennsylvania

PROFESSIONAL BACKGROUND

1997 – Current

Educational Consultant

My primary ministry is the development of the IHM Office of Formative Support for Parents & Teachers. Through publication, public speaking, and workshops I address the needs of child formation to parent groups, teacher groups, and organizations in the private and public sector. I am working towards the creation of a program of Parent Formation that will address child formation needs from birth through grade 12.

1995 – Current

Public Speaker

I engage in public speaking at international, national, regional, diocesan and parish levels on topics related to child formation, parenting, teacher preparation and adult spirituality.

1994 – Current

Textbook Company Consultant

I function as a part-time national consultant for Wm. H. Sadlier, Inc., providing teacher in-service on the Math books published by that company and offering professional workshops on curriculum, classroom management, or child formation.

1984 – Current

College Instructor, Adjunct, Guest Lecturer in Graduate Studies

Summer 2007: I served as adjunct in the EPICS Program, Seton Hall University, NJ. (Educational Partners in Catholic Schools).

Course: *History of Catholic Education*

Retreat Director: *The Sacramentality of Catholic Educators*

Fall 2003: For one month I lectured at the China Institute of Technology. There I taught two courses:

Learning Theory and Instructional Design

Teaching English as a Second Language

I also provided large-scale workshops on Formation Education topics of self-esteem and self-discipline.

Summer 2003: I served as adjunct graduate faculty at Spalding University, Louisville, KY. There I taught a summer course of:

EDD 750: Learning Theory and Instructional Design

Winter & Summer 2002: I served as adjunct graduate faculty at Catholic University of America, Washington, DC. There I taught two semesters of:
EDD 825: Character Education

2001 – 2002: I served as guest lecturer at Immaculata University, PA, offering one-week summer courses on the following:

Classroom Culture & Self-Discipline
Family Formation
Identity Formation Education
Student Development of Security
Formation Practices for Classroom Management

1984-1985: I was a fulltime instructor at Immaculata University, PA. I was a director of teacher education, Moderator of the Education Club, and responsible for five courses:

EDU 301: Social Foundations of Education
EDU 302: Educational Psychology
EDU 315: Strategies of Teaching Language Arts and Social Studies
EDU 321: Field Experience & Practicum Seminar
EDU 381: Education of the Exceptional Child

1983 – 1992

Administrator

1985 – 1992: Vice-Principal, St. Simon Elementary School, Los Altos, CA
1983 – 1984: Principal, Holy Family Elementary School, Manayunk, PA

1967 – 1997

Teacher

I taught in seven elementary schools and one secondary school.

Elementary School (Seven Schools, 1967 – 1992)

St. Joseph, Downingtown, PA (1967-1968); St. Philomena, Lansdowne, PA (1968-1970); Incarnation, Philadelphia, PA (1970-1972); Our Lady of Ransom, Philadelphia, PA (1972-1977); St. Martin of Tours, Philadelphia, PA (1977-1981); Blessed Virgin Mary, Darby, PA (1981-1983); St. Simon, Los Altos, CA (1984-1992)

- Junior High teacher of both self-contained and departmental classrooms
- Experienced in teaching all subjects of the Junior High curriculum
- Unit Leader and Teacher in Individually Guided Education (IGE), an experiment sponsored by the Sloan-Kettering Foundation

Secondary School (Archbishop Mitty High School, San Jose, CA, 1992 - 1997)

- Personal and Social Ethics, junior year curriculum
- Campus Ministry and Retreat Program

CREDITATION

- 1994 Myers-Briggs Type Indicator Professional
- 1988 Pennsylvania Permanent Certification, Elementary Education;
Social Studies at the Secondary Level
- 1981 New Jersey Permanent Certification, Elementary Education K-8

AFFILIATIONS, MEMBERSHIPS, AWARDS

- American Association of University Women, 1995 - Current
- Association for Supervision and Curriculum Development, 1990 – Current
- Pi Lambda Theta, 1990 - Current
- Phi Delta Kappa, 1989 - Current
- National Catholic Educational Association Teacher Associate, 1967 – Current
- Woman of Excellence for 2015, Who's Who Worldwide, Strathmore.
- Sisters, Servants of the Immaculate Heart of Mary, Immaculata, Pennsylvania since 1964.

INTERESTS

I am interested in transpersonal psychology and adult spirituality. I pursue personal spiritual growth through daily meditation, prayer, spiritual reading and Eucharist; regular psycho-spiritual direction; and frequent participation in days of retreat or retreat programs.

I have experience as a retreat director for school administrators, faculty retreats, adult groups, and for students preparing for Confirmation.

I provide retreat-seminars that explore the connection between Myers Briggs Type Inventory and personal prayer style.

I appreciate nature, living history experiences, movies, mystery books, and travel.

PUBLICATIONS

Dissertation:

McCormack, P. M. (1994). Catholic elementary schools as agents of parent formation needs as perceived by parents. (Doctoral dissertation, University of San Francisco, 1995). *Dissertation Abstracts International*, 56 (02), 420.

Books:

McCormack, P. M. (2019). *Resilience & Self-Reliance—Key Pieces in the Self-Esteem Puzzle*. National Catholic Educational Association.

McCormack, P. M. (2018). *Embrace the Mission – Be the “I” in Evangelize*. National Catholic Educational Association.

McCormack, P. M. (2017). *Engaging the Parking Lot Parent*. XXIIIrd Publications.

McCormack, P. M. (2016). *Parental Love Is . . . Handouts for Busy Parents*. The Pastoral Center.com. Also available in Spanish: *El Amor Paternal Es . . .*

McCormack, P. M. (2015). *Calvary-a Lenten Rosary Reflection*. Liguori Publications.

McCormack, P. M. (2005). *Positive Soul Formation – A Teacher/Parent Guide to Child Development*. Pflaum Publishing Group.

McCormack, P. M. (2004). *Let’s Pray – Not Just Say – the Rosary*. Liguori Publications.

McCormack, P. M. (2003). *Student Self-Discipline in the Classroom and Beyond*. National Catholic Education Association.

McCormack, P. M. (2003). *Mary’s Beads of Transformation*. Liguori Publications.

McCormack, P. M. (1999). *Fostering student self-esteem in the Catholic elementary school*. Department of Elementary Schools. National Catholic Educational Association.

Articles:

McCormack, P. M. (2020). Ten Family Ways for Quarantine Days. *The Catechist Online*, April 16, 2020. <http://www.catechist.com/family-plan-thrive-quarantine/>

McCormack, P. M. (2020). A Family Plan to THRIVE through Quarantine. *The Catechist Online*, April 5, 2020. <http://www.catechist.com/family-plan-thrive-quarantine/>

McCormack, P. M. (2020). Evangelizing the Catholic School. *The Catechetical Review*, Vol. 6 (1), 10-13.

McCormack, P. M. (2019-2020). Psst! Parent-Student Support Tips. (Clergy Sexual Abuse Crisis, Parts 1-4). *Today's Catholic Teacher* (Vol. 53, Nos. 1-4),

McCormack, P. M. (2019-2020). Middle School Student Chat. *Today's Catholic Teacher* (Vol. 53, Nos. 1-4).

McCormack, P. M. (2018). Forming a Culture of Prayer within the Home. *The Catechetical Review*, Vol. 4 (4), 30-32.

McCormack, P. M. (2018-2019). Psst! Parent-Student Support Tips. *Today's Catholic Teacher* (Vol. 52, Nos. 1-4).

McCormack, P. M. (2018-2019). Middle School Student Chat. *Today's Catholic Teacher* (Vol. 52, Nos. 1-4).

McCormack, P. M. (2017). Whole-Family Evangelization -- Backdoor Evangelizing for Parking Lot Parents. *Today's Catholic Teacher*, Vol. 51 (2), 28-31.

McCormack, P. M. (2017). BEING versus DOING – A Retreat for Catechists. *Catechist*, Vol. 51, No. 2, 20-22.

McCormack, P. M. (2017). In Loco Jesu. *Today's Catholic Teacher* 51(1), p. 82).

McCormack, P. M. (2017-2018). Middle School Student Chat. *Today's Catholic Teacher* (Vol. 51, Nos. 1-4).

McCormack, P. M. (2017-2018). Psst! Parent-Student Support Tips. *Today's Catholic Teacher* (Vol. 51, Nos. 1-4).

McCormack, P. M. (2016-2017). Psst! Parent-Student Support Tips. *Today's Catholic Teacher* (Vol. 50, Nos. 1-4).

McCormack, P. M. (2014). Transfigured and Transformed via Gospel Prayer. *Catechetical Leader* 25 (4), 12-15.

McCormack, P. M. (2015). Create a Family Culture of Spirituality. *Catechetical Leader* 26 (6), 14-17.

McCormack, P. M. (2015-2016). Parent Partnership Handbook: A Parent Guide for Raising Resilient, Self-Reliant Children. *Today's Catholic Teacher* (Vol. 49, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2015). Resilient & Self-Reliant Children – Born or Formed? *Today's Catholic Teacher* 49 (1), 25-29.

McCormack, P. M. (2015). Eight Home Habits for Raising Resilient, Self-Reliant Children. *Today's Catholic Teacher* 49 (1), 28.

McCormack, P. M. (2014). Transfigured and Transformed via Gospel Prayer. *Catechetical Leader* 25 (4), 12-15.

McCormack, P. M. (2014-2015). Parent Partnership Handbook: A Parent Guide for Positive Student Performance. *Today's Catholic Teacher* (Vol. 48, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2014). Six Markers of Motivational Teachers. *Today's Catholic Teacher* 48 (1), 37-43.

McCormack, P. M. (2014). Ten Home Habits for School Success. *Today's Catholic Teacher* 48 (1), 40.

McCormack, P. M. (2013-2014). Parent Partnership Handbook: A Parent Guide for Table Etiquette – from the First Meal to the Last Supper. *Today's Catholic Teacher* (Vol. 47, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2012-2013). Parent Partnership Handbook: A guide to Catholic Parenting. *Today's Catholic Teacher* (Vol. 46, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2012). Catholic Parents—Promise Keepers. *Today's Catholic Teacher* 46 (1), 34-40.

McCormack, P.M. (2012). “Faculty and Staff Fasting that Leads to Life” in *Building a Spiritual Community Among Educators*. Fox, M. and Shimabukuro, G. (2012), National Catholic Educational Association, pp. 133-134.

McCormack, P.M. (2012). “Journaling with Scripture” in *Building a Spiritual Community Among Educators*. Fox, M. and Shimabukuro, G. (2012), National Catholic Educational Association, pp. 158-160.

McCormack, P. M. (2011-2012). Parent Partnership Handbook: A parent guide for leading children in the ways of love. *Today's Catholic Teacher* (Vol. 45, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2011). Leading Children in the Ways of Love. *Today's Catholic Teacher* 45 (1), 30-37.

McCormack, P. M. (2010-2011). Parent Partnership Handbook: A parent guide for middle school years. *Today's Catholic Teacher* (Vol. 44, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2010). Navigating the 'Tween Years. *Today's Catholic Teacher* 44 (1), 38-44.

McCormack, P. M. (Spring 2010). “Developing Spirituality Among Our Children; Part 3: Mary Ways for All our Days” in *Today's Liturgy for Children* (TLC-103, Spring 2010). Oregon Catholic Press.

McCormack, P. M. (2009). "Developing Spirituality Among Our Children; Part 2: Serving at the Court of the Infant King" in *Today's Liturgy for Children* (TLC-102, Winter 2009). Oregon Catholic Press.

McCormack, P. M. (2009). "Developing Spirituality Among Our Children; Part 1: The Eucharist" in *Today's Liturgy for Children* (TLC-101, Fall 2009). Oregon Catholic Press.

McCormack, P. M. (2009-2010). Parent Partnership Handbook: A parent guide for mentoring soulful maturity. *Today's Catholic Teacher* (Vol. 43, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2009). Isaiah Parents: Mentoring Children through Mantras. *Today's Catholic Teacher* 43 (1), 40-46.

McCormack, P. M. (2008-2009). Parent Partnership Handbook: A parent's guide for teaching countercultural values. *Today's Catholic Teacher* (Vol. 42, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2008). Needed: Heroes of Counterculture. *Today's Catholic Teacher* 42 (1), 40-45.

McCormack, P. M. (2007-2008). Parent Partnership Handbook: A parent's guide to school partnership. *Today's Catholic Teacher* (Vol. 41, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2007). Home Ways for School Days. *Today's Catholic Teacher* 41 (1), 26-35.

McCormack, P. M. (Spring 2007). "WWJWMTD? A Personal Easter Cycle Question" in *Today's Liturgy for Children* (TLC-073). Oregon Catholic Press.

McCormack, P. M. (2006-2007). Parent Partnership Handbook: A parent's guide for developing moral maturity. *Today's Catholic Teacher* (Vol. 40, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2006). Mom and Pop as Moral Mentors. *Today's Catholic Teacher* 40 (1), 32-40.

McCormack, P. M. (Winter 2006). "Winter Wisdom and Christian Character" in *Today's Liturgy for Children* (TLC-072). Oregon Catholic Press.

McCormack, P. M. (Fall 2006). "Liturgical Environment for the Classroom" in *Today's Liturgy for Children* (TLC-073). Oregon Catholic Press.

McCormack, P. M. (2006). "A Beatitude for Christian Parents" in *Whole Community Catechesis-Come to the Table*, Bill Huebsch (Ed.), Harcourt, pp. 16-28.

McCormack, P. M. (2005-2006). Parent Partnership Handbook: A parent's guide for Christian family character. *Today's Catholic Teacher* (Vol. 39, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2005). Crafting Catholic Family Character. *Today's Catholic Teacher* 39 (1), 31-36.

McCormack, P. M. (Spring 2005). "Beads of Discipleship: Liturgical Rosary" in *Today's Liturgy for Children* (TLC-053). Oregon Catholic Press.

McCormack, P. M. (2005). Catholic Family Character. Written for parenting program of the Diocese of Arlington, VA. Unpublished manuscript.

McCormack, P. M. (2004-2005). Parent Partnership Handbook: A parent's guide to Whole-Person Development. *Today's Catholic Teacher* (Vol. 38, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2004). Parenting Through Ages and Stages. *Today's Catholic Teacher* 38 (1), 28-33.

McCormack, P. M. (Winter 2004). "Interior Design for an Interior Life" in *Today's Liturgy for Children* (TLC-052). Oregon Catholic Press.

McCormack, P. M. (Fall 2004). "Gospel ABC's: Attitudes, Behaviors and Consequences within a Gospel Story" in *Today's Liturgy for Children* (TLC-051). Oregon Catholic Press.

McCormack, P. M. (2003-2004). Parent Partnership Handbook: A parent's guide for transmitting spiritual heritage. *Today's Catholic Teacher* (Vol. 37, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2003). Parents' Legacy of Love—Creating and Transmitting Family Spiritual Heritage. *Today's Catholic Teacher* 37 (1), 24-30.

McCormack, P. M. (2002-2003). Parent Partnership Handbook: A parent's guide for pressure situations. *Today's Catholic Teacher* (Vol. 36, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2002). Helping parents under pressure. *Today's Catholic Teacher* 36 (1), 40-44.

McCormack, P. M. (2001-2002). Parent Partnership Handbook: A parent's guide for soul formation. *Today's Catholic Teacher* (Vol. 35, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (2001). Family essentials for positive soul formation. *Today's Catholic Teacher* 35 (1), 23-32.

McCormack, P.M. (2000). Good news for bad news times. *Today's Catholic Teacher*, 34 (1), 54-59.

McCormack, P.M. (2000-2001). Parent Partnership Handbook: A parent's guide for difficult behaviors. *Today's Catholic Teacher* (Vol. 34, Nos. 1-6). A series of six newsletters.

McCormack, P.M. (2000). [Review of the book *Character development in the Catholic school*]. *Catholic Education: A Journal of Inquiry and Practice*, 4, 123-125.

McCormack, P. M. (1999). Fostering discipline: Discerning voices for life-giving choices. *Today's Catholic Teacher*, 33 (1), 46-49.

McCormack, P. M. (1999-2000). Parent Partnership Handbook: A parent's guide to fostering self-discipline. *Today's Catholic Teacher* (Vol. 33, Nos. 1-6). A series of six newsletters.

McCormack, P. M. (1999). Parenting formation and information: The contemporary mission of the Catholic school. *Momentum*, August-September, pp. 52-57.

McCormack, P.M. (1998). Weaving the fabric of Christian character. *Today's Catholic Teacher*, 32 (1), 25-28.

McCormack, P.M. (1998-1999). Parent partnership handbook: Christian character formation of elementary school-age children. *Today's Catholic Teacher* (Vol. 32, Nos.1-6). A series of six newsletters.

McCormack, P. M. (1998). Parents and teachers: Partners in whole-person formation. Paper presented at the Annual Convention and Exposition of the National Catholic Educational Association (94th, Minneapolis, MN, April 1-4, 1997). Champaign, IL: Clearinghouse on Elementary and Early Childhood Education, Children's Research Center. (ERIC Document Reproduction Service No. ED 413 109)

McCormack, P.M. (1997). The home environment: Nurturing the seed of school success. *Today's Catholic Teacher*, 31 (1), 34-39.

McCormack, P.M. (1997-1998). Parent partnership handbook: A parent's guide for fostering school success. *Today's Catholic Teacher* (Vol. 31, Nos.1-6).

McCormack, P. M. (1996). Supporting parents in helping their children. *Today's Catholic Teacher*, 30 (1), 47-48.

McCormack, P.M. (1996-1997). Parent partnership handbook: A parent's guide for self-esteem development. *Today's Catholic Teacher* (Vol. 30, Nos.1-6). A series of six newsletters.

McCormack, P.M. (1974). *Discover: Religion Curriculum Supplement Program* (a booklet of activities, exercises, and games to individualize religious instruction in grades 1 - 6), Philadelphia. Unpublished manuscript.

McCormack, P.M. (1973). *Search: Religion Curriculum Supplement Program* (a packet of 300 activity cards designed to individualize religious studies in the Junior High), Philadelphia. Unpublished manuscript.